



# **CGSAV FUTSAL RULES AND HANDBOOK**



# CGSAV - Return to Play (COVID-19 safety measures)

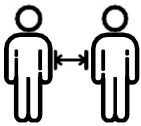
## Practice good hygiene



**Stop handshakes**, hugging or high-fives between players, coaches and umpires.



**Clean hands** on arrival, before play, during break and after play.



Where possible, **maintain social distancing** of 1.5m at all times unless competing.



**Avoid touching your face** and cover your coughs. No spitting.



**Do not touch** any other external equipment other than match ball or game implements.

## Player and parent information

**No spectators** unless required, eg parent or carer. Social distancing must be adhered to at all times.

**No socialising** before or after competition.

**Prepare/get changed** beforehand. Avoid use of dressing rooms as much as possible.

**Obey venue staff** or COVID safety officer.



## Stay home if...

- You are feeling sick
- You have a sick family member at home



**Download and use the COVID safe app.**





## **CGSAV FUTSAL COMPETITION RULES (as of Nov '23)**

- VENUE:** CGSAV to arrange the venue for the competition.
- FIRST AID:** CGSAV will provide first aid for the tournament, to be booked by the Executive Officer. Each school is ultimately responsible for the first aid of their own students.
- UMPIRES &** CGSAV to provide officials. Each team should provide a scorer. Scorers need
- SCOREKEEPERS:** to sit together each game
- FIXTURE:** Round Robin with finals as presented by the Executive Officer
- SCORE SHEET:** Must be returned to central area by the winning team -
- AWARDS:** Plaques and MVP medals will be given to the winning teams in Junior, Intermediate and Senior divisions.
- UNIFORM:** All players must be in team uniforms. No jewellery or chewing gum.
- TEAMS** Students may only play in one team for the day and cannot rotate between age groups or 'A-D'
- AGE GROUP** Students are able to participate in a higher age group, but not a lower one. Once they have moved up an age group, they must remain in this age group.
- READINESS** In the event a team is not ready to start the game on time, points, goals or runs can be awarded based on the EO's discretion
- SCORESHEET** Winning team will need to bring the score sheet of the games to the convener table for collation
- FIRST USE:** First serve, first use and opening serve will be decided by a coin toss or alternative
- BLOOD RULE:** Any player with blood on their skin or clothing must be substituted immediately. Play will be stopped, but not the clock.
- CONCUSSION:** Any student who has suffered a head clash or suspected of having a concussion must be medically assessed as soon as possible after the injury and **MUST** not be allowed to return to play for the rest of the day. A first aider will be in attendance at each event.
- CLASH KIT** CGSAV will investigate a clash kit Futsal.
- RED/YELLOW Cards**
- A player who receives a red card will receive an automatic 1 game suspension as a minimum. The hosting school, in consultation with the umpires and the CGSAV Executive Officer will determine whether a longer suspension is to be given.
  - Umpires will be instructed to issue a yellow card for swearing. If a player receives a yellow card in two consecutive games that they were to play in, that player would receive an automatic one game suspension.

**TIE BREAKERS:** Teams tied on the ladder to be separated by **Percentage** or **Goal Difference**. If this does not split the tie, who won the fixture when they played Head-to-Head goes into the final. If still tied, compare scores against the top team. Whoever had the better result goes through. If still tied, compare to the next best team etc, etc.

**Games:** 2 x 8-10 minute halves, with immediate change of ends and continuation of games at half time (ie. NO BREAK).

**Semi-Finals:** If semi-final score is a draw, game will be decided via a penalty shoot-out.

**Grand Finals:** 2 x 8-10 minute halves (as per round robin games). If Grand Final score is draw, an additional 2 x 5 minute halves can be played. '**Golden Goal**' rule and '**Drop Off**' rule to apply. Golden Goal rule is that first team to score wins. Drop Off rule is that teams start the first half with only 4 players on the field. The second half starts with 3 players on the field. If still drawn result, game will be decided via a penalty shoot-out.

**Referees:** Provided by CGSAV through MSI.

**Scoring:** Score-sheets will be completed by the Referee or scorekeeper during the game. They should be checked by the team captains then **SIGNED** by the Referee at the completion of each game.

WIN: = 3 POINTS

SCORING DRAW: =2 POINTS

NON-SCORING DRAW:=1 POINT

LOSS: =0 POINTS

**Match ball:** FIFA approved futsal ball – size 4 match ball provided by schools

**Teams:** 5 players on field including a goalkeeper. Maximum 12 players in a team.

**What to bring:** FIFA approved soccer ball – size 4 (for practice/warm ups) Shin guards for ALL players.

First aid kit.

Matching tops/bibs with numbers for each of your teams.

Goal- keepers uniform for each of your teams.

Spare set of numbered bibs to account for colour clashes.

<b>AGE GROUPS:</b>	<b>Junior</b>	1 team
	<b>Inter</b>	1 team
	<b>Senior</b>	1 team

## **CGSAV FUTSAL RULES**

*(adapted from the official rules of Futsal Victoria)*

1. The game of Indoor Soccer is played within a court.
2. Five (5) players per team on the court at any one time with a maximum of 12 players per team per game (ie. including substitutes).
3. From the Kick-Off, the ball must be played forward.
4. Unlimited "Flying" Substitutions (ie. players can re-enter the game as often as required without notifying the Referee).
5. The only time the Referee has to be notified of a substitution is when there is a change of Goal-Keeper. The player must then wait until the ball is out of play & then notify the Referee. The Referee will stop the game until the change has been completed.
6. There is NO OFFSIDE.
7. Kick-Ins: The ball is placed on the side-line & must be kicked into another player.
8. There is a 4-second time limit on kick-ins & free-kicks.
9. A goal CANNOT be scored from a kick-in unless it touches another player first.
10. For a ball to be out of play or a goal to be scored, ALL OF THE BALL has to be considered over the line BY THE REFEREE,
11. Dangerous play (AT THE DISCRETION OF THE REFEREE ONLY) is not allowed.
12. NO SLIDE TACKLING allowed.
13. The Referee will be vigilant with regard to forwards PUSHING/SHOVING/MAKING DIRECT CONTACT with the Goal- Keeper in the penalty area & VICE VERSA.
14. Players ARE NOT PERMITTED to play at the ball whilst they are on the ground, excepting the Goal-Keeper, who may do so whilst within the 'Goal D'.

15. The Goal-Keeper CANNOT throw the ball over the half-way line on the full.
16. If the Goal-Keeper accidentally throws the ball over half-way, the opposition team takes a direct kick from anywhere on the half-way line.
17. If the Goal-Keeper's throw hits the roof, a free kick is taken by the opposition from the point on the sideline opposite where the ball hit the roof.
18. The Goal-Keeper throws the ball in instead of a goal kick. At no stage are they allowed to drop-kick/punt-kick the ball into play. They may place the ball on the ground to start play, but MAY NOT pick it up again, to start play from a goal-kick situation. Once ball is placed on ground, ball is considered "alive" & outside players may engage
19. The Goal-Keeper has a 4-second limit to release the ball, whilst the ball is "in play".
20. The Goal-Keeper IS NOT ALLOWED to pick up a back-pass from any member of their team.
21. A goal CAN BE scored direct from a corner.
22. High Ball (Local Centre Rule) – if the ball is propelled more than approximately one metre higher than the tallest player on court, the opposition team gets a free kick (indirect) from the point the ball was kicked from.

If ball inadvertently rebounds off a player more than approximately one metre higher than the tallest player on court, the same rule applies (ie. the team that did not inadvertently cause the ball to travel too high gets the free kick as per above).

This rule DOES NOT apply to the Goal-Keeper's throw from within the "D", unless the ball hits the roof (see Rule 17 above). If Goal-Keeper comes outside "D", the High Ball rule applies.

23. A defending player must be 5 metres back from where the kick is taken. If a quick free kick is taken, no defending player who is within 3 metres from the spot can obstruct the kick. In both cases, an infringement will incur a yellow card & the kick will be advanced 3 metres.

# CGSAV FUTSAL

## OFFICIAL SCORESHEET

<b>Office use only</b>
Results updated:
Goals recorded:

<b>DATE:</b>					<b>VENUE:</b>					<b>COURT:</b>					<b>GAME TIME:</b>					<b>CATEGORY:</b>																			
<b>HOME TEAM:</b>										<b>COLOURS:</b>					<b>V</b>	<b>AWAY TEAM:</b>										<b>COLOURS:</b>													
										<b>TEAM FOULS</b>					<b>DISCIPLINARY CARDS</b>															<b>TEAM FOULS</b>					<b>DISCIPLINARY CARDS</b>				
<b>P</b>	<b>SHIRT No</b>	<b>PLAYERS NAME</b>			<b>SCHOOL</b>			<b>GOALS SCORED</b>	<b>1<sup>ST</sup> HALF</b>		<b>Y Y R 1 2</b>				<b>P</b>	<b>SHIRT No</b>	<b>PLAYERS NAME</b>			<b>SCHOOL</b>			<b>GOALS SCORED</b>	<b>1<sup>ST</sup> HALF</b>		<b>Y Y R 1 2</b>													
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GOALS 2 <sup>ND</sup> HALF									TIME OUT CALLED				Y	N	GOALS 2 <sup>ND</sup> HALF									TIME OUT CALLED				Y	N										
TOTAL GOALS									1 <sup>ST</sup> OR 2 <sup>ND</sup> HALF				Y	N	TOTAL GOALS									1 <sup>ST</sup> OR 2 <sup>ND</sup> HALF				Y	N										
<b>INJURIES:</b>															<b>INJURIES:</b>																								
TEAM COACH SIGNATURE:															TEAM COACH SIGNATURE:																								
REFEREE A (NAME & SIGN):															REFEREE A (NAME & SIGN):																								



## Child Safety - Code of Conduct

Safeguarding Children and Young People at CGSAV

Events Code of Conduct

CGSAV – Secondary Catholic Sports Association

The Catholic Girls Sports Association of Victoria (CGSAV) provides the opportunity for students of member Colleges

- to enjoy and experience sport through representing their school,
- to strive for their personal best through individual and team based competition,
- to feel valued, make new friends and social connections, develop a sense of self through mastery of skill and involvement in teams
- to improve their physical fitness, health and well being

Through the participation in sport within CGSAV we aim to

develop:

- sportsmanship, including the ability to win with modesty, lose with dignity and accept decisions
- interpersonal skills, where students learn appropriate communication skills and behaviours within their team and towards their opposition
- suitable competitions that allow for new skills and/or refine already existing skills
- students develop a connectedness to their own College and develop friendships/ connections with students from other associated Colleges
- students develop a sense of pride through representing themselves and their College out in the community
- a range of students develop leadership skills
- staff have an opportunity to interact with students in a positive manner.

### Purpose

This Code of Conduct has a specific focus on safeguarding children and young people at **CGSAV Events** against sexual, physical, psychological and emotional abuse or neglect. It is intended to complement other professional and/or occupational codes.

All staff, volunteers, contractors, and board/school council members at **CGSAV** are expected to actively contribute to a school sporting association culture that respects the dignity of its members and affirms the Gospel values of love, care for others, compassion and justice. They are required to observe child safe principles and expectations for appropriate behaviour towards and in the company of children, as noted below.

### Acceptable behaviours

All staff, volunteers, contractors, visitors, parents/guardians and board/school council members are responsible for supporting the safety of children within our association by:

- adhering to the [CGSAV Child Safety Policy](#) and upholding the associations commitment to child safety at all times
- taking all reasonable steps to protect the young people at our events from abuse
- treating everyone in the CGSAV community with respect, modelling positive and respectful relationships and acting in manner that sustain a safe and positive environment
- promoting the cultural safety, participation and empowerment of Aboriginal and Torres Strait Islander young people
- promoting the cultural safety participation and empowerment of young people with culturally and /or linguistically diverse backgrounds
- promoting the safety, participation and empowerment of young people with a disability



- if an allegation of child abuse is made, ensuring as quickly as possible that the young person/people are safe in accordance with the [CGSAV Child Safety Policy](#)
- ensuring that this Code of Conduct is followed in any interactions with students from every associated member school of CGSAV when attending any CGSAV event

## Unacceptable behaviours

All staff, volunteers, contractors, visitors, parents/guardians and board/school council members must NOT:

- exhibit behaviours with young people which may be construed as unnecessarily physical
- engage in open discussions of a mature or adult nature in the presence of young people
- use inappropriate language in the presence of young people
- express personal views on culture, race or sexuality in the presence of young people
- discriminate against any young person on the basis of age, gender, race, culture, vulnerability, sexuality, ethnicity or disability
- photograph or video a young person without the consent of the parent or guardian
- consume alcohol or take illicit drugs under any circumstances at an event where students are present.
- work with any young person while under the influence of alcohol or illegal drugs

## Responsibilities in matters of Child Safety:

All staff, volunteers, contractors, visitors, parents/guardians and board/school are responsible for:

- listening and responding to concerns of young people; particularly if they are telling you that they or another young person have been abused or that they are worried about their safety/the safety of another young person
- reporting any allegations of child abuse as outlined in the [CGSAV Child Protection – Reporting Obligations](#)
- understanding and complying with all reporting obligations as they relate to mandatory reporting and reporting under the Crimes Act 1958 (Vic) and as contained in the [CGSAV Child Safety Policy](#)
- reporting any child safety concerns as outlined in the [CGSAV Child Protection – Reporting Obligations](#)
- ensuring as far as practical that adults are not alone with a young person
- ensuring child safety protocols at all CGSAV events and venues are implemented
- ensuring risk assessments at all CGSAV events and venues incorporate child safety

All staff, volunteers, contractors, visitors, parents/guardians and board/school must NOT:

- ignore or disregard any suspected or disclosed child abuse
- put young people at risk of abuse
- initiate unnecessary physical contact with a young person or do things of a personal nature that a young person can do for themselves, such as toileting or changing clothes
- exchange personal contact details such as phone number, social networking sites or personal email addresses with a young person

Full details of the following are available on the CGSAV Website ([scsa.org.au](http://scsa.org.au)):-

- [CGSAV Child Safety Policy](#)
- [CGSAV Child Protection – Reporting Obligations](#)



### **Code of conduct for Coaches/ Officials/ Players.**

The following information has been adapted from the Australian Sports Commission document – Code of Conduct.

### **Official Code of Behaviour**

In your role as an official appointed by *your school* ,*you must* :

1. Place the safety and welfare of the players/participants above all else.
2. Accept responsibility for all actions taken.
3. Be impartial.
4. Avoid any situation which may lead to a conflict of interest.
5. Be courteous, respectful and open to discussion and interaction.
6. Value the individual in sport.

## **Coach Code of Behaviour**

In your role as a coach appointed by the school, as the Coach you :

1. Do not tolerate acts of aggression.
2. Provide feedback to players and other participants in a manner sensitive to their needs. Avoid overly negative feedback.
3. Recognise players' rights to consult with other coaches and advisers. Cooperate fully with other specialists (for example, first aiders doctors and physiotherapists).
4. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
5. Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
6. Involve the players in decisions that affect them.
7. Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
8. Ensure any physical contact with players is appropriate to the situation and necessary for the player's skill development.
9. Be acutely aware of the power that you as a coach develop with your players in the coaching relationship.
10. Avoid situations with your players that could be construed as compromising.
11. Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your players.
12. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
13. Know and abide by rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.

## **Player Code of Behaviour**

In your role as a player/participant in any activity held by CGSAV , you will:

1. Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
2. Not tolerate acts of aggression.
3. Respect the talent, potential and development of fellow players and competitors.
4. Care for and respect the equipment provided to you as part of your program.
5. Be frank and honest with your coach concerning illness and injury and your ability to play
6. Conduct yourself in a professional manner relating to language, temper and punctuality.
7. Maintain high personal behaviour standards at all times.
8. Abide by the rules and respect the decision of the official, making all appeals through the formal process and respecting the final decision.
9. Cooperate with coaches, officials and staff.



## **Heat and cancellation policy**

### *Cancellation Policy*

If a carnival is cancelled, no other CGSAV carnival is to be re-scheduled for that particular year.

Host schools may cancel a carnival after discussions with the Executive Officer and all participating schools. This decision would be made from the venue itself. Contact with the Executive Officer and Host School will be available from 7.00am by mobile phone and a final decision by 7.30am in the event of storm/lightning/extreme heat weather. (Time to travel to the venue by teams has to be considered.)

If the carnival is cancelled, the schools may be refunded or credited for their levy for that particular carnival less the cost of the forfeited booking fee (if applicable).

It is the aim of the Host school to attempt to run a carnival (as per agreement with the Executive Officer)- i.e. there can be a delay to the start time of the event and time of rounds or number of events can be reduced. Therefore, the conditions of the carnivals can be modified according to safety requirements eg. cancel the hurdles and the high jump or reschedule later in the day.

### *Heat Policy*

In the event of hot weather, the host school will attempt to run the event by shortening the games and providing more drink breaks during games.

Before the games begin, there needs to be consultation with all Sports coordinators and team coaches/umpires to discuss what the heat risk management procedures will be for the day.

Once the temperature reaches 35 degrees, the games and the event should be concluded for the day and the results would have to stand to provide the winners for each section or if insufficient games played, then no division or overall winner would be the result.



**CGSAV FUTSAL HONOUR ROLLS – SCHOOL  
WINNERS**

<b>YEAR</b>	<b>SCHOOL</b>	<b>DIVISION</b>	<b>AGE</b>
2014	SHC GEELONG	1	JUNIORS
2014	SHGC	1	INTERMEDIATES
2014	SHGC	1	SENIORS
2014	PCW	2	JUNIORS
2014	SANTA MARIA	2	INTERMEDIATES
2014	ACADEMY	2	SENIORS
2015	ST ALOYSIUS	1	JUNIORS
2015	SHC GEELONG	1	INTERMEDIATES
2015	SHGC	1	SENIORS
2015	MATER CHRISTI	2	JUNIORS
2015	ACADEMY	2	INTERMEDIATES
2015	MT ST JOSEPHS	2	SENIORS
2016	SHC GEELONG	1	JUNIORS
2016	SANTA MARIA	1	INTERMEDIATES
2016	MERCY	1	SENIORS
2016	MATER CHRISTI	2	JUNIORS
2016	PCW	2	INTERMEDIATES
2016	PCW	2	SENIORS
2017	SHC GEELONG	1	JUNIORS
2017	SHC GEELONG	1	INTERMEDIATES
2017	SHC GEELONG	1	SENIORS
2017	CLC	2	JUNIORS
2017	MATER CHRISTI	2	INTERMEDIATES
2017	ACADEMY	2	SENIORS
2018	CLC	1	JUNIORS
2018	SHGC	1	INTERMEDIATES
2018	SANTA MARIA	1	SENIORS
2018	KILLESTER	2	JUNIORS
2018	KILLESTER	2	INTERMEDIATES
2018	AVE MARIA	2	SENIORS
2019	ACADEMY	1	JUNIORS
2019	SHGC	1	INTERMEDIATES

<b>2019</b>	<b>SHC GEELONG</b>	<b>1</b>	<b>SENIORS</b>
<b>2019</b>	<b>OLSH</b>	<b>2</b>	<b>JUNIORS</b>
<b>2019</b>	<b>CLC</b>	<b>2</b>	<b>INTERMEDIATES</b>
<b>2019</b>	<b>OLSH</b>	<b>2</b>	<b>SENIORS</b>
<b><u>2020</u></b>	<b><u>CANCELLED-DUE TO COVID-19</u></b>	<b><u>CANCELLED-DUE TO COVID-19</u></b>	<b><u>CANCELLED-DUE TO COVID-19</u></b>
<b>2021</b>	<b>SANTA MARIA</b>	<b>1</b>	<b>JUNIORS</b>
<b>2021</b>	<b>SANTA MARIA</b>	<b>1</b>	<b>INTERMEDIATES</b>
<b>2021</b>	<b>CATHOLIC LADIES COLLEGE</b>	<b>1</b>	<b>SENIORS</b>
<b>2021</b>	<b>AVE MARIA</b>	<b>2</b>	<b>JUNIORS</b>
<b>2021</b>	<b>ACADEMY</b>	<b>2</b>	<b>INTERMEDIATES</b>
<b>2021</b>	<b>KILLESTER</b>	<b>2</b>	<b>SENIORS</b>